

Lil's Breakfast Menu

*Good morning and welcome to breakfast at Lil's Restaurant
Served Daily: Monday to Friday, 7 am to 11 am: Saturday, Sunday and Bank
Holidays, 8 am to 11 am*

Grains & Cereals

Irish Porridge Oats, Banana, and Walnuts served with Maple Syrup or Honey €5.50
Contains, G-Wheat, N-Walnut, MK

Freshly Baked Croissant, served with butter and jam €2.95
Contains G-Wheat, MK, E

Homemade Scone served with jam and fresh cream €2.95
Contains G-Wheat, MK, E, S

Continental Breakfast
To include Juice, cereal, yoghurt, pastry, and toast, from our buffet. Tea or Filter Coffee €11.00
Contains: G-Wheat, Barley, MK, E, N-Walnuts, S

Avalon Speciality Breakfast

The Traditional Full Irish €12.00
Traditional Irish Bacon, Pork Sausages, Rustic Black & White Pudding, Grilled Tomato, Baked Beans, Crispy Hash Brown and a Sunnyside-Up Egg on toasted Sourdough Bread. Served with a Pot of Tea or Filter Coffee
Contains: G-Wheat-Barley, SP, E, MK

Mini Breakfast Experience €8.50
Traditional Bacon Strip, 1 Sausage, a serving of Rustic Black & White Pudding, a Sunnyside-Up Egg, on toasted Sourdough Bread. Served with a Pot of Tea or Filter Coffee
Contains G-Wheat-Barley, SP, E, MK

Classic French Toast €11.00
Brioche Bread with Smokey Bacon, Cinnamon & Maple Syrup
Contains G-Wheat, E, MK

Traditional American-Style Pancakes, €9.50
With Chocolate Chips and Drizzled with Maple Syrup or Chocolate sauce
Add Streaky Bacon €10.50
Contains G-Wheat, E, MK

Eggs Your Way €5.95
2 Eggs Prepared to Your Liking, Nestled on Toasted Sourdough Bread
Contains: Gluten-Wheat, E

Cheesy Beans on Toast €6.95
Creamy Melted Cheese over a Bed of Baked Beans, Perfectly Pooled on Toasted Sourdough Bread
Contains G-Wheat, E, MK, SP

Avalon Vegetarian Breakfast €11.00
 Fried Egg, Baked Beans, Melted Cheese on Sourdough Toast, Grilled Tomato, Portobello Mushroom and a Crispy Hash Brown (***Vegan option available: Exclude egg, cheese & hash brown***) Served with a Pot of Tea or Filter Coffee.
 Contains: G-Wheat, MK, SP, E

On Muffins €8.75

Egg Benedict
 Poached Eggs, Bacon topped with Hollandaise Sauce and served on a Toasted Muffin.
 Contains: G-Wheat, E, MK

Egg Portobello €8.75
 Poached Egg, roasted Portobello Mushroom, Hollandaise Sauce served on a Toasted Muffin.
 Contains G-Wheat, E, MK,

Country Style Black Pudding Benedict, €10.50
 Warm black Pudding, Crispy Bacon, topped with Poached Egg and Hollandaise Sauce, served on a Toasted Muffin.
 Contains: G-Wheat, E, MK

Nespresso Coffee Selection

Americano	€3.00	Espresso	€2.50
Espresso (Double Shot)	€3.20	Cappuccino	€3.50
Flat White	€3.50	Latte	€3.50
Mocha	€3.50	Hot Chocolate	€3.40
Pot of Tea (1 person)	€2.85	Pot of Tea (2 people)	€5.00

All Our Breakfast Dishes Are Cooked to Order using the best fresh and natural ingredients, and where possible, from Ireland; it Will Be Worth the Wait....

All our Bacon, Sausages, Pudding and Eggs served are of Carlow & Kilkenny origin.

Allergen Index

Gluten - G, Crustaceans - C, Eggs - E, Fish - F, Molluscs - M, Soybeans - S, Peanuts - P, Nuts - N, Milk - MK Celery - CY, Mustard - MD, Sesame Seeds - SS, Lupin - L